

Baby Signs  
Presents



**Look** at me  
**Look** at you

## PARENT HANDOUT

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## CAN YOU FOLLOW ME?

TUNE: "OLD MACDONALD HAD A FARM"

I am going over here.  
Can you follow me?  
Now, I'm going over there.  
Can you follow me?  
I can go here; I can there;  
I can go just about anywhere.  
Now I'm coming very near.  
Can you follow me?

The BALL is going over here.  
Can you follow it?  
Now, it's going over there.  
Can you follow it?  
The BALL can go here; it can go there;  
It can go just about anywhere.  
Now it's coming very near.  
Can you follow it?

## TWO HANDS

TUNE: "B-I-N-G-O"

There is a babe who has two hands,  
and this is what they do:  
\*clap, clap, clap, clap, clap!  
clap, clap, clap, clap, clap!  
clap, clap, clap, clap, clap!  
And this is what they do.

\*2: cross, cross, cross, cross, cross!  
3: tap, tap, tap, tap, tap!  
4: stretch, stretch, stretch, stretch,  
stretch!

## CAN YOU SEE THE BUBBLES?

TUNE: "THE MUFFIN MAN"

Can you SEE\* the BUBBLES,  
the BUBBLES, the BUBBLES?  
Can you SEE the BUBBLES?  
I blew them just for you!

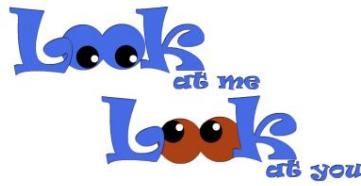
\*2: touch  
3: bump  
4: pop

## I SEE MY DADDY

TUNE: "YOU ARE MY SUNSHINE"

I SEE my DADDY\*,  
I SEE my DADDY,  
I SEE my DADDY, and he SEES me.  
I SEE my DADDY,  
I SEE my DADDY,  
I SEE my DADDY,  
And he SEES me.

\*2: MOMMY



## PARENT HANDOUT

### TIPS FOR PROMOTING VISION DEVELOPMENT AT HOME

- Change the directions your baby sleeps in.
- Move where the baby sleeps to provide different views.
- If you are breastfeeding, alternate breasts when you start the feedings, rather than always beginning the feedings on either the right or the left breast.
- If feeding from a bottle, switch sides during feeding to allow an opportunity for both eyes to focus on your face from slightly different distances.
- If you use a crib, hang a mobile above the crib and another outside the crib to encourage baby to look around.
- Hang pictures around the baby's sleeping space on short ribbons. Move the pictures every few days.
- Move things toward and away from your baby's face to provide "eye teaming" practice. Repeat the movement three or four times. (The younger the baby, the slower the movement.)
- To promote visual information processing, hang two pictures where your baby can study them. Make them the same with one obvious difference (e.g., Big Bird with and without a moustache).

### BATH TIME VISION ACTIVITY

Place a rubber duck or other floating toy on the water. Push the toy around the tub as well as toward and away from your baby. Push it slowly enough for your baby to follow the movement as you sing.

### FLOAT, FLOAT, FLOAT THE DUCK

TUNE: "ROW, ROW, ROW YOUR BOAT"

Float, float, float the duck.  
Float it all around.  
Float it here and float it there.  
Float it all around.



### MOBILE TIPS

For babies birth to three months: items on the mobile should use sharp contrasting patterns, black and white or red.

For babies three to five months: items can be bold colors

For babies older than five months: babies usually can see the full color palette

### WHERE IS IT COMING FROM?

TUNE: "1 LITTLE 2 LITTLE 3 LITTLE PUMPKINS"

One little, two little, three little [shake, shake]  
Four little, five little, six little [shake, shake]  
Seven little, eight little, nine little [shake, shake]  
Ten little [shake, shake, shake].

